

St. Antoninus School Action Plan to Prevent the Spread of Flu

Keeping the students, teachers and staff at St. Antoninus School healthy is a top priority. Therefore, St. Antoninus School is taking the following steps to help keep students and staff from getting the flu. These steps will be followed ALL the time and not only during a flu pandemic. We are...

- **Educating and encouraging students and staff to cover their mouth and nose** with a tissue when they cough or sneeze. Also, providing them with easy access to tissues and running water and soap or alcohol-based hand cleansers. We are reminding them to cover coughs or sneezes using their elbow instead of their hand when a tissue is not available.
- **Reminding teachers, staff and students to practice good hand hygiene** and providing the time and supplies for them to wash their hands as often as necessary.
- **Sending sick students, teachers and staff home** and advising them and their families that sick people should stay home until at least 24 hours after they no longer have a fever or signs of a fever (without the use of fever-reducing medicine).
- **Cleaning surfaces and items** that are more likely to have frequent hand contact such as desks, door knobs and keyboards with cleaning agents that are usually used in these areas.
- **Keeping students and staff who become sick at school in the health room until they can be sent home.** We are limiting the number of staff who care for the sick person and providing a surgical mask for the sick person to wear if they can tolerate it.
- **Making Personal Protective Equipment (PPE) such as masks available** and ensuring the equipment is being worn by our school nurse and other staff caring for sick people in the health room.
- **Encouraging early medical evaluation for sick students and staff** at higher risk of complications from the flu. People at high risk of flu complications who get sick will benefit from early treatment with antiviral medication.
- **Staying in regular communication with local public health officials.**

If the flu conditions become MORE severe, St. Antoninus School will consider adding steps to reduce the incidence of illness in our school community. For more information:

- Visit: www.flu.gov
- Contact CDC 24 HOURS/EVERY DAY
1 (800) CDC-INFO (232-4636)
cdcinfo@cdc.gov

